What is Debrisoft®?

Debrisoft® consists of soft, polyester fibres which are secured and knitted together. These fibres are cut at a special angle, length and thickness to ensure good effect and flexibility.

Each piece of Debrisoft® is packaged individually and is sterile. Debrisoft® is available in a box containing 5 pieces.

Advice & further information

Your healthcare professional will advise you how often to use Debrisoft® and for how long.

- Always fully moisten Debrisoft® before use
- Always use the soft, fleecy side and not the knitted, reverse side
- Debrisoft® must not be used as a wound dressing
- Debrisoft® should not be used if there is a known sensitivity to the product
- Do not cut Debrisoft®
- Do not re-use a used piece of Debrisoft®
- Debrisoft® does not contain latex.

If you would like to see Debrisoft® being used by a healthcare professional on patients with wounds and dry skin, please go to YouTube and search for Debrisoft® or visit www.activahealthcare.co.uk

If you have any questions about your treatment, please contact your healthcare professional:

Name:

Contact details:

If you have any questions about Debrisoft®, please contact Activa Healthcare on 08450 606707

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How do I use Debrisoft®?

Wash off any emollients, creams or ointments prior to using Debrisoft®.

**Step 1**
Open the Debrisoft® packet

**Step 2**
Fully moisten the soft fleecy side of Debrisoft® with tap water (or saline, if advised to do so). Shake off the excess water - DO NOT squeeze out!

**Step 3**
With gentle pressure, using long sweeping strokes on the skin (or a circular motion on a wound), cleanse the area with the soft, fleecy side of the moistened Debrisoft®

**Step 4**
Use a new piece of Debrisoft® for each separate area being treated - for example if you have dry skin or a wound on both legs. For larger areas, you may need more than one piece of Debrisoft® and your healthcare professional will advise you about this.

Dispose of the used Debrisoft® in normal waste.

What is Debrisoft® for and why has it been recommended for use?

The healthcare professional looking after you has recommended Debrisoft® because you may have dry, scaly/flaky skin which needs to be removed. This may be due to hyperkeratosis (see Figure 1), which is a skin thickening associated with chronic oedema (swelling of the limbs) or due to eczema or psoriasis. Debrisoft® can also be used on wounds. Debrisoft® is a rapid, highly effective, safe and easy method for removing this debris.

Wound debris and dead skin cells make an ideal breeding ground for bacteria and infection. Debrisoft® can be used to remove this from the skin or a wound, to help the healing process. Because Debrisoft® is soft and gentle it will not harm healthy cells.

![Figure 1](image-url)