

Patient name

Date:

The CHROSS checker form

NB: Please retain this form in the patient's notes for future reference of previous assessment(s)

- It is important to check for the signs and symptoms of venous and lymphovenous disease, which are listed in the chart below.
- The chart should be used as a prompt to check for skin and limb changes as part of holistic patient assessment.
- The compression products recommended should be used as part of an overall management plan, which includes medical management of underlying disease(s), skin and wound care, and patient education.
- Vascular status must be determined before applying compression. If in doubt, do not use and refer for specialist advice.
- If no ticks are recorded, the limb is healthy and no action is needed, other than a good skin care regimen.
- In the 'early/medium intervention' and 'intensive management' phases, before managing with hosiery, a period of treatment with compression bandaging (e.g. Actico®) may be required.
- For further information on the signs/symptoms listed below, including photographs and description, please refer to the hosiery selector app or the CHROSS checker images.

	1. Tick the box below if the sign/symptom is reported, or present on the limb of the patient	2. Is oedema also present? Tick 'YES' or 'NO' (in the colour band of the lowest tick in step 1)	3. Consider application of the compression below, depending on disease severity (mild, moderate or severe) as part of management
Prevention	Tired, aching, heavy legs <input type="checkbox"/>	NO <input type="checkbox"/>	Activa® British Standard hosiery [†]
	Spider veins <input type="checkbox"/>		Mild: Class 1 (14–17mmHg) <input type="checkbox"/>
	Ankle flare <input type="checkbox"/>		Moderate: Class 2 (18–24mmHg) <input type="checkbox"/>
	Mild/moderate hyperkeratosis <input type="checkbox"/>	YES <input type="checkbox"/>	ActiLymph®/Adore® European Class hosiery ^{††}
	Mild/moderate varicose veins <input type="checkbox"/>		Mild: Class 1 (18–21mmHg) <input type="checkbox"/>
	Hyperpigmentation <input type="checkbox"/>		Moderate: Class 2 (23–32mmHg) <input type="checkbox"/>
	Venous dermatitis <input type="checkbox"/>		
Early/medium intervention	Varicose eczema <input type="checkbox"/>	NO <input type="checkbox"/>	Activa® British Standard hosiery [†]
	Atrophie blanche <input type="checkbox"/>		Moderate: Class 2 (18–24mmHg) <input type="checkbox"/>
	Induration <input type="checkbox"/>		Severe: Class 3 (25–35mmHg) <input type="checkbox"/>
	Moderate/severe varicose veins <input type="checkbox"/>		Activa® Leg Ulcer Hosiery Kit <input type="checkbox"/>
	Moderate/severe hyperkeratosis <input type="checkbox"/>	YES <input type="checkbox"/>	ActiLymph®/Adore® European Class hosiery ^{††}
	Healed ulcer ^{*/**} <input type="checkbox"/>		Moderate: Class 2 (23–32mmHg) <input type="checkbox"/>
	Recurring ulcer/open ulcer ^{*/**} <input type="checkbox"/>		Severe: ActiLymph® Class 3 (34–46mmHg) <input type="checkbox"/>
	Cellulitis ^{***} <input type="checkbox"/>		ActiLymph® Hosiery Kit <input type="checkbox"/>

Before hosiery can be effectively used in the intensive management phase, the use of compression bandaging may be required

Intensive management	Lipodermatosclerosis (acute or chronic) <input type="checkbox"/>	NO <input type="checkbox"/>	Activa® British Standard hosiery [†]
	Chronic oedema/lymphoedema <input type="checkbox"/>		Severe: Class 3 (25–35mmHg) <input type="checkbox"/>
	Severe hyperkeratosis <input type="checkbox"/>		ActiLymph® European Class hosiery ^{††}
	Skin folds <input type="checkbox"/>	YES <input type="checkbox"/>	Moderate: Class 2 (23–32mmHg) <input type="checkbox"/>
	Papillomatosis <input type="checkbox"/>		Severe: Class 3 (34–46mmHg) <input type="checkbox"/>
	Lymphangiomas <input type="checkbox"/>		ActiLymph® Hosiery Kit <input type="checkbox"/>
	Lymphorrhoea (wet legs) <input type="checkbox"/>		ActiLymph® MTM Ease or MTM Dura
	Moderate: Class 2 (23–32mmHg) <input type="checkbox"/>		
	Severe: Class 3 (34–46mmHg) <input type="checkbox"/>		

[†] Activa® Leg Ulcer Hosiery Kit (40mmHg)

^{††} ActiLymph® Hosiery Kit

^{***} Acute cellulitis should be treated before using compression

Once the correct Class of hosiery has been selected for disease severity, if limb measurements do not match stock sizes, use either ActiLymph® Made to Measure flat knit hosiery or Credalast® Velvet Made to Measure hosiery

