

ActiLymph®/Adore® European Class Hosiery - Measure and Sizing Form

For patients **with oedema**

Patient name _____
 Date _____
 Clinician _____

Step 1 - Measure

	Left leg	Right leg
A : 5cm below groin		
B : Widest part of the calf		
C : Just above the malleolus (ankle bone)		
LZ : From back of heel to the longest toe		
LD : Required for below knee garments only		

Clinic or Pharmacy Address:

(Please specify the address where the patient will collect their hosiery)

COMPRESSION REMINDER SERVICE

Encourage the wearer to **scan this QR code and register for the L&R Compression Reminder Service.**



They will receive timely reminders about scheduling their hosiery renewal appointment.

Size requested

Number of packs

Is the ActiGlide® Hosiery Applicator required?

(PIP Code: 284-5196) Yes No

Step 2 - Select size

Size	Small	Medium	Large	Extra large	Extra Extra large*
A Wide Topband	57 – 66cm	61 – 72cm	66 – 80cm	74 – 90cm	N/A
A Regular Topband/ Adore® Pattern Topband	48 – 56cm	50 – 60cm	53 – 66cm	57 – 73cm	61 – 80cm
B	31 – 39cm	33 – 41cm	35 – 44cm	39 – 48cm	44 – 52cm
C	19 – 21cm	21 – 23.5cm	23 – 27cm	27 – 32cm	32 – 37cm
LZ ActiLymph®	22 – 28cm	22 – 28cm	22 – 28cm	22 – 28cm	22 – 28cm
LZ Adore®	23 – 26cm	23 – 26cm	23 – 26cm	23 – 26cm	N/A

* For availability of XXL garments, please see PIP codes on reverse.

Style	Leg length (LD)	Foot length (LZ)	Foot length (LZ) Adore®
Below knee	Petite <38cm	22 – 25cm	22 – 24cm
	Standard >38cm	22 – 28cm	23 – 26cm

Step 3 - Select garment

Please tick a box to indicate garment required	Colour	18-21mmHg Class 1	23-32mmHg Class 2	34-46mmHg Class 3	40mmHg Hosiery Kit
ActiLymph® Thigh Length, Standard - Wide TopBand (Closed Toe)	Sand				
ActiLymph® Thigh Length, Standard - Wide TopBand (Open Toe)	Sand				
ActiLymph® Thigh Length, Standard - Regular TopBand (Closed Toe)	Black				
ActiLymph® Thigh Length, Standard - Regular TopBand (Open Toe)	Sand				
	Black				
Adore® Thigh Length, Standard - Patterned TopBand (Closed Toe)	Natural Tan				
Adore® Thigh Length, Standard - Patterned TopBand (Closed Toe)	Black				
Adore® Below Knee, Standard (Closed Toe)	Natural Tan				
Adore® Below Knee, Standard (Closed Toe)	Black				
Adore® Below Knee, Petite (Closed Toe)	Natural Tan				
Adore® Below Knee, Petite (Closed Toe)	Black				
ActiLymph® Below Knee, Standard (Closed Toe)	Sand				
	Black				
ActiLymph® Below Knee, Petite (Closed Toe)	Sand				
	Sand				
ActiLymph® Below Knee, Standard (Open Toe)	Black				
ActiLymph® Below Knee, Petite (Open Toe)	Sand				
	Sand				
ActiLymph® Hosiery Kit (1 below knee open toe stocking plus 2 compression liners)	Black				

ActiLymph® European Class Hosiery Range

For Adore® range codes please scan the QR code



Product & Style	Colour	Small	Medium	Large	Extra Large	Extra Extra Large
Class 1 (18-21mmHg) Provides light compression and should be used for early/mild chronic oedema or lymphoedema - where the oedema is light to moderate with little shape distortion.						
Thigh Length Standard Wide TopBand	Sand	317-3614	317-3622	317-3630	317-3648	-
Thigh Length Standard Regular TopBand	Black	358-7474	358-7482	358-7490	358-7508	-
Thigh Length Open Toe Standard Regular TopBand	Sand	336-8842	336-8859	336-8867	336-8875	336-8883
Thigh Length Open Toe Standard Regular TopBand	Black	342-8257	342-8265	342-8273	342-8281	342-8299
Below Knee Standard	Sand	317-3531	317-3549	317-3556	317-3564	336-8834
Below Knee Standard	Black	342-8158	342-8166	342-8174	342-8182	342-8190
Below Knee Open Toe Standard	Sand	336-9402	336-9410	336-9428	336-9436	336-9444
Below Knee Open Toe Standard	Black	342-8208	342-8216	342-8224	342-8232	342-8240
Below Knee Petite	Sand	317-3572	317-3580	317-3598	317-3606	-
Class 2 (23-32mmHg) Provides medium compression and should be used in cases of chronic oedema or lymphoedema. ActiLymph® Class 2 hosiery can be used as part of the treatment for, and to provide maintenance therapy of chronic oedema and lymphoedema.						
Thigh Length Standard Wide TopBand	Sand	317-3739	317-3747	317-3754	317-3762	-
Thigh Length Open Toe Standard Wide TopBand	Sand	317-3853	317-3861	317-3879	317-3887	-
Thigh Length Standard Regular TopBand	Black	358-7516	358-7524	358-7532	358-7540	-
Thigh Length Open Toe Standard Regular TopBand	Sand	336-8990	336-9006	336-9014	336-9030	336-9048
Thigh Length Open Toe Standard Regular TopBand	Black	342-8398	342-8406	342-8414	342-8422	342-8430
Below Knee Standard	Sand	317-3655	317-3663	317-3671	317-3689	-
Below Knee Standard	Black	342-8307	342-8315	342-8323	342-8331	-
Below Knee Petite	Sand	317-3697	317-3705	317-3713	317-3721	-
Below Knee Open Toe Standard	Sand	317-3770	317-3788	317-3796	317-3804	336-9055
Below Knee Open Toe Standard	Black	342-8349	342-8356	342-8364	342-8372	342-8380
Below Knee Open Toe Petite	Sand	317-3812	317-3820	317-3838	317-3846	-
Class 3 (34-46mmHg) Provides strong compression and should be used for the maintenance of severe chronic oedema and lymphoedema, where resistant oedema features e.g. following a DVT or a history of reoccurring ulceration or where lymphatic damage is considerable.						
Thigh Length Open Toe Standard Wide TopBand	Sand	317-3978	317-3986	317-3994	317-4000	-
Below Knee Open Toe Standard	Sand	317-3895	317-3903	317-3911	317-3929	-
40mmHg ActiLymph® Hosiery Kit Designed to be a treatment and maintenance solution in the management of uncomplicated venous leg ulcers.						
Sand Kit (1 x Sand Class 2 Below Knee Open Toe Stocking + 2 x White Closed Toe Liners)		-	374-6914	374-6922	374-6930	374-6948
Black Kit (1 x Black Class 2 Below Knee Open Toe Stocking + 2 x Sand Closed Toe Liners)		-	387-0763	387-0771	387-0789	387-0797
ActiGlide® Hosiery Applicator						
ActiGlide® Hosiery Applicator	One Size Fits All	284-5196	-	-	-	-



For further information please call **08450 606 707**
 to speak directly with our Customer Services Team
 or visit our website **www.Lohmann-Rauscher.co.uk**

Activa®, ActiLymph®, ActiGlide® and Adore® are registered to L&R Medical UK Ltd.

