Suprasorb® X - easy and safe to handle

Tips for dressing change with non-infected wounds

Recommendation for slight exudation:

- **Fresh wound dressing**: Place Suprasorb® X on the wound and smooth to shape. Apply an appropriate secondary dressing, such as a film – Suprasorb® F was used in this instance.

- **Far too soon for dressing change**: Suprasorb® X is still moist enough and only slightly penetrated by exudate. The white dressing is only slightly discoloured.

- **Still too soon for dressing change**: Exudate penetrates the dressing; discolouration has extended. The dressing has started to dry out from the edges.

- **Dressing change necessary**: Suprasorb® X is still moist in the centre, a raised area may have formed. The moist area still overlaps the visible wound edges by about 1cm. The dressing is dried out and parchment-like around the edges.

Recommendation for moderate exudation:

- **Fresh wound dressing**: Adjust Suprasorb® X to the wound size and loosely fill into the wound. Apply an appropriate secondary dressing, such as a foam.

- **Too soon for dressing change**: A brownish discolouration shows the absorption of exudate by the foam.

- **Dressing change necessary**: The discolouration has spread. The absorption capacity of Suprasorb® X and the foam is used up; the dressing must be changed.

- **Dressing change necessary**: Suprasorb® X has absorbed the exudate and taken on the shape of the wound. The dressing must be changed.

The Suprasorb® X Hydration Effect

*applicable also for Suprasorb® X+PHMB

Suprasorb® X enhances the health of the tissue surrounding the wound

**Before cleaning:** By applying Suprasorb® X in such a way that it overlaps the wound, old epithelial cells are moistened. They show as whitish deposits around the wound - this should not be confused with maceration, as it is rehydrated tissue and these whitish deposits are easy to remove with a moist swab.

**After cleaning:** Healthy epithelial tissue can be seen around the wound margin.
Suprasorb® X+PHMB

Tips for dressing change with critically colonised and infected wounds

Recommendations for light to moderate exudation:

**Fresh wound dressing**
- Place Suprasorb® X+PHMB on the wound and smooth to shape. Apply an appropriate secondary dressing, such as a film or foam (depending on exudate levels).

**Too soon for dressing change**
- The wound dressing’s discolouration shows the absorption of exudate. The discolouration may be reddish if the exudate contains blood.

**Dressing change necessary**
- The dressing should be changed when the discolouration has almost reached the edge of the secondary dressing (approx 1cm).

**Dressing change too late**
- Do not allow exudate to seep too close to the edge of the secondary dressing or allow exudate to strike-through.

**Filling a wound with Suprasorb® X+PHMB**

**Fold the wound dressing**
- Adjust Suprasorb® X+PHMB to the wound size and, using forceps, loosely fill the wound cavity.

**Application of the wound dressing**
- Filling the wound with Suprasorb® X+PHMB.

**Finished primary dressing**
- The finished Suprasorb® X+PHMB wound dressing.

**Secondary dressing, Securing**
- Secure with a secondary dressing and then any bandaging as necessary.

Tips for dressing change with critically colonised and infected wounds

Dressing techniques

1. Cover the wound area with Suprasorb® X+PHMB (left photo).
2. To increase the moisture reserve in the wound area (right photo), apply a second layer of Suprasorb® X+PHMB, over a large surface. Aim: to prolong the dressing change interval.

Increasing the moisture reserve

1. Cover the wound area with Suprasorb® X+PHMB (left photo).
2. To increase the moisture reserve in the wound area (right photo), apply a second layer of Suprasorb® X+PHMB, over a large surface. Aim: to prolong the dressing change interval.

Removal of the dressing

In the unlikely event that Suprasorb® X+PHMB dries out during wear, simply rehydrate the dressing (e.g., using saline or tap water, as per local protocol) — this enables gentle removal without disturbing the wound.

Call our Customer Solutions line: 08450 606707
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