



People.Health.Care.

# ActiLymph<sup>®</sup> Made To Measure

## Flat knit hosiery for Lymphoedema and Chronic Oedema



### ActiLymph<sup>®</sup> MTM Ease

Available in European Class 1 (18-21mmHg), Class 2 (23-32mmHg) and Class 3 (34-46mmHg).

**ActiLymph<sup>®</sup> MTM Ease** is silky, effective, comfortable to wear and is ideal for most forms of chronic oedema and lymphoedema.



### ActiLymph<sup>®</sup> MTM Dura

Available in European Class 2 (23-32mmHg) and Class 3 (34-46mmHg).

**ActiLymph<sup>®</sup> MTM Dura** is designed for more difficult to manage and resistant chronic oedema and lymphoedema.

5 working day service\*

# ActiLymph® Made To Measure

## Flat knit hosiery for Lymphoedema and Chronic Oedema

### How to measure the leg:

Ask the patient to stand, if possible.

Mark and measure the leg as follows:-

- cG** 2cm below Gluteal Fold for circumference
- IG** 2cm below Gluteal Fold to ground for length
- cF** Mid Thigh for circumference
- IF** Mid Thigh to ground for length
- cE** Across middle of Kneecap for circumference
- IE** Middle of Kneecap to ground for length
- cD** 2cm below Popliteal Fossa for circumference
- ID** 2cm below Popliteal Fossa to ground for length
- cC** Widest part of Calf for circumference
- IC** Widest part of Calf to ground for length
- cB1** Where Calf starts for circumference
- IB1** Where Calf starts to ground for length
- cB** 2cm Above Malleolus for circumference
- IB** 2cm Above Malleolus to ground for length
- cY** Around Instep and Heel with foot dorsi-flexed for circumference
- cA** Around base of Toes for circumference
- IA** Heel to base of Toes for length
- IZ** Heel to end of Large Toe (Total length of foot)
- IA1** From the Heel to the base of Large Toe
- IA2** From the Heel to the base of Small Toe

**NB** **c** = circumference, **l** = length

Unless specified, all length measurements should be longitudinal and should not follow body contours

### How to measure the panty:

Ask patient to put their hands on their waistline:-

Measure (**cT**) waist circumference

Measure (**IT**) waist to ground

Measure (**cH**) greatest circumference around hips

Measure (**IH**) length from hip to ground

### Measure the following lengths along contours of body:

Measure (**IGT**) length from waist to 2cm below gluteal fold

Measure (**IK1T**) length in the centre at the front, from waist to crotch while applying gentle pressure and following contours

Measure (**IK2T**) length at the back from the waist over the buttocks to the gluteal fold while applying gentle pressure and following contours

\*Delivery will be within 5 working days of receipt of a correctly completed order form; subject to circumstances beyond our control.

**Please send the completed Order Form to Credenhill via:**

Email: [sales@credenhill.co.uk](mailto:sales@credenhill.co.uk)

Fax: **0115 944 0437**

Post: **Credenhill Limited, 10 Cossall Industrial Estate, Ilkeston, Derbyshire, DE7 5UG.**

Freephone: **0800 195 0650** or **0115 932 0144**

# ActiLymph<sup>®</sup> Made To Measure Order Form

**1** Name of Pharmacy or Clinic: \_\_\_\_\_  
 Contact name: \_\_\_\_\_  
 Account Number (if known): \_\_\_\_\_  
 Branch Number (if applicable): \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Postcode: \_\_\_\_\_  
 Tel: \_\_\_\_\_  
 Practitioner name: \_\_\_\_\_ Tel: \_\_\_\_\_  
 Patient name: \_\_\_\_\_  
 Order Ref. or Prescription No.: \_\_\_\_\_

Please complete this form and send to Credenhill Limited.  
 Fax: 0115 944 0437, or email: sales@credenhill.co.uk

**2**

| Left leg  |                 | Right leg       |                 |
|---|-----------------|-----------------|-----------------|
| Length  | Circumference   | Circumference   | Length          |
| NB All length measurements should be longitudinal and should not follow body contours.<br>LENGTH MEASUREMENTS TAKEN FROM POINTS ON THE LEG SHOULD BE MEASURED VERTICALLY TO THE GROUND.<br>All measurements to be in centimetres. |                 |                 |                 |
| IT  | cT              | cT              | IT              |
| IH  | cH              | cH              | IH              |
| IG  | cG              | cG              | IG              |
| IF  | cF              | cF              | IF              |
| IE  | cE              | cE              | IE              |
| ID  | cD              | cD              | ID              |
| IC  | cC              | cC              | IC              |
| IB <sup>1</sup>   | cB <sup>1</sup> | cB <sup>1</sup> | IB <sup>1</sup> |
| IB  | cB              | cB              | IB              |
|   | cY              | cY              |                 |
| cA  |                 |                 | cA              |
|   | IA              | IA              |                 |
|   | IZ              | IZ              |                 |

**3** **Panty**  
 NB Measure all lengths along contours of body  
 All measurements to be in centimetres.

**4** **Ankle Pads**  
 NB All length measurements should be longitudinal and should not follow foot contours.  
 All measurements to be in centimetres.

LMA: from the centre of the medial malleolus, in horizontal line over the Achilles tendon to the middle of the lateral malleolus.  
 LMO: from the centre of the medial malleolus, in vertical line under the sole of the foot to the middle of the lateral malleolus.

\* Left Foot      \* Right Foot  
 LMA \_\_\_\_\_      LMA \_\_\_\_\_  
 LMO \_\_\_\_\_      LMO \_\_\_\_\_

If Ankle pads are requested please select which you require (available in Dura only):

|       |        |         |
|-------|--------|---------|
| Left  | Medial | Lateral |
| Right | Medial | Lateral |

**5** **Oblique Toe (Slanted Toe)**  
 NB All length measurements should be longitudinal and should not follow foot contours.  
 All measurements to be in centimetres.

|                 |                 |
|-----------------|-----------------|
| Left Foot       | Right Foot      |
| IA <sup>1</sup> | IA <sup>1</sup> |
| IA <sup>2</sup> | IA <sup>2</sup> |

## 6 Main Garment Details

| Quantity required                          | Garment required                |  |   |   | Colour required           |   |
|--|---------------------------------|--|---|---|---------------------------|---|
|  | ActiLymph <sup>®</sup> MTM Ease |  | ActiLymph <sup>®</sup> MTM Dura           |   | Black                     | Sand  |
|  | Class 1                         | Class 2  | Class 3                                   | Class 2   | Class 3                   |   |
| <b>Style</b>                               |                                 |  |   |   |                           |   |
| Below Knee (A-D)                           | Thigh Length (A-G)              |  | Thigh Length with Waist Attachment (A-GT) |   | 2 Legged Panty Hose (A-T) |   |
| <b>Options</b>                             |                                 |  |   |   |                           |   |
| Closed Toe (measurements IA & IZ required) |                                 | Open Toe (IA only)   |   | Closed Oblique (Slanted) Toe** (measurement cA, IA1, IA2 & IZ required)           |                           |   |
| T Heel Ankle Seam                          |                                 | Open Oblique (Slanted) Toe** (measurements cA, IA1 & IA2 required) |   | Ankle pads* (measurements LMO & LMA required- indicate requirements in section 4) |                           |   |
| 3cm Silicone Top Band (only below knee)    |                                 | 5cm Silicone Top Band  |   | Slip Form   |                           | Full Compression Body Part (Class 2&3 only, measurements IK1T, IK2T & IGT required) |

**7** Product Code (see Drug Tariff Product Code Guide on reverse of form for clarification on code required): \_\_\_\_\_  
 \_\_\_\_\_  
 Additional Comments: \_\_\_\_\_

NB Submission of this form confirms the patient's authorisation for the information to be retained for the production and supply of their garment. L&R or Credenhill cannot be held responsible for incorrect measurements. To avoid delay, please ensure all appropriate measurements are completed and checked.

# ActiLymph® Made To Measure Drug Tariff Codes



Your prescription must include:

- Step 1** Style/Class code of main garment
- Step 2** The codes for each optional extra required
- Step 3** The quantity of garments required
- Step 4** The colour

e.g. for 1 Sand below knee Ease stocking in class 3, with closed toes and T Heel ankle seam, the prescription must include 1x **AL-EASEC3-AD** together with optional extras 1x **ALO-CT** and 1x **ALO-SEAM, Sand**.

Please tick where applicable to indicate **Main Garment** choice and each **Optional Extra** included.  
Items listed below have Drug Tariff coding and associated prices. The Drug Tariff codes are required on prescriptions for **ActiLymph® MTM**.

| Main Garments  |         |               |         |        | Optional Extras |             |   |  |           |                   |                            |
|--|---------|---------------|---------|--------|-----------------|-------------|---|--|-----------|-------------------|----------------------------|
| Style  | Class   | Main Garment  | Colours |        | Closed Toe      | Oblique Toe | 2 Ankle Pads<br><small>Indicate Medial or Lateral option overleaf</small> | Silicone Topband<br><small>Indicate 3cm or 5cm option overleaf</small> | Slip Form | T Heel Ankle Seam | Full Compression Body Part |
| <b>ActiLymph® MTM Ease</b><br>Below Knee A-D                                       | Class 1 | AL-EASEC1-AD  | Sand    | Black  | ALO-CT          | ALO-0BT     |   | ALO-BAND   |           | ALO-SEAM          |                            |
|  | Class 2 | AL-EASEC2-AD  | Sand    | Black  | ALO-CT          | ALO-0BT     |   | ALO-BAND   |           | ALO-SEAM          |                            |
|  | Class 3 | AL-EASEC3-AD  | Sand    | Black* | ALO-CT          | ALO-0BT     |   | ALO-BAND   |           | ALO-SEAM          |                            |
| <b>ActiLymph® MTM Ease</b><br>Thigh Length A-G                                     | Class 1 | AL-EASEC1-AG  | Sand    | Black  | ALO-CT          | ALO-0BT     |   | ALO-BAND   | ALO-FORM  | ALO-SEAM          |                            |
|  | Class 2 | AL-EASEC2-AG  | Sand    | Black  | ALO-CT          | ALO-0BT     |   | ALO-BAND   | ALO-FORM  | ALO-SEAM          |                            |
|  | Class 3 | AL-EASEC3-AG  | Sand    | Black* | ALO-CT          | ALO-0BT     |   | ALO-BAND   | ALO-FORM  | ALO-SEAM          |                            |
| <b>ActiLymph® MTM Ease</b><br>Thigh Length with<br>waist attachment A-GT           | Class 1 | AL-EASEC1-AGT | Sand    | Black  | ALO-CT          | ALO-0BT     |   |  | ALO-FORM  | ALO-SEAM          |                            |
|  | Class 2 | AL-EASEC2-AGT | Sand    | Black  | ALO-CT          | ALO-0BT     |   |  | ALO-FORM  | ALO-SEAM          |                            |
|  | Class 3 | AL-EASEC3-AGT | Sand    | Black* | ALO-CT          | ALO-0BT     |   |  | ALO-FORM  | ALO-SEAM          |                            |
| <b>ActiLymph® MTM Ease</b><br>Two legged panty A-T<br>(includes cycle style pants) | Class 1 | AL-EASEC1-AT  | Sand    | Black  | ALO-CT          | ALO-0BT     |   |  |           | ALO-SEAM          |                            |
|  | Class 2 | AL-EASEC2-AT  | Sand    | Black  | ALO-CT          | ALO-0BT     |   |  |           | ALO-SEAM          | ALO-FCBODY                 |
|  | Class 3 | AL-EASEC3-AT  | Sand    | Black* | ALO-CT          | ALO-0BT     |   |  |           | ALO-SEAM          | ALO-FCBODY                 |
| <b>ActiLymph® MTM Dura</b><br>Below Knee A-D                                       | Class 2 | AL-DURAC2-AD  | Sand    | Black  | ALO-CT          | ALO-0BT     | ALO-PAD   | ALO-BAND   |           | ALO-SEAM          |                            |
|  | Class 3 | AL-DURAC3-AD  | Sand    | Black  | ALO-CT          | ALO-0BT     | ALO-PAD   | ALO-BAND   |           | ALO-SEAM          |                            |
| <b>ActiLymph® MTM Dura</b><br>Thigh Length A-G                                     | Class 2 | AL-DURAC2-AG  | Sand    | Black  | ALO-CT          | ALO-0BT     | ALO-PAD   | ALO-BAND   | ALO-FORM  | ALO-SEAM          |                            |
|  | Class 3 | AL-DURAC3-AG  | Sand    | Black  | ALO-CT          | ALO-0BT     | ALO-PAD   | ALO-BAND   | ALO-FORM  | ALO-SEAM          |                            |
| <b>ActiLymph® MTM Dura</b><br>Thigh Length with<br>waist attachment A-GT           | Class 2 | AL-DURAC2-AGT | Sand    | Black  | ALO-CT          | ALO-0BT     | ALO-PAD   |  | ALO-FORM  | ALO-SEAM          |                            |
|  | Class 3 | AL-DURAC3-AGT | Sand    | Black  | ALO-CT          | ALO-0BT     | ALO-PAD   |  | ALO-FORM  | ALO-SEAM          |                            |
| <b>ActiLymph® MTM Dura</b><br>Two legged panty A-T<br>(includes cycle style pants) | Class 2 | AL-DURAC2-AT  | Sand    | Black  | ALO-CT          | ALO-0BT     | ALO-PAD   |  |           | ALO-SEAM          | ALO-FCBODY                 |
|  | Class 3 | AL-DURAC3-AT  | Sand    | Black  | ALO-CT          | ALO-0BT     | ALO-PAD   |  |           | ALO-SEAM          | ALO-FCBODY                 |

\* Delivery will be within 5 working days of receipt of a correctly completed order form; subject to circumstances beyond our control.



Please send the completed Order Form to Credenhill via: Email: [sales@credenhill.co.uk](mailto:sales@credenhill.co.uk) Fax: **0115 944 0437**  
Post: **Credenhill Limited, 10 Cossall Industrial Estate, Ilkeston, Derbyshire, DE7 5UG.** Freephone: **0800 195 0650** or **0115 932 0144**  
If you need another form - please download one from: [www.Lohmann-Rauscher.co.uk](http://www.Lohmann-Rauscher.co.uk)