ActiLymph® Made To Measure
Flat knit hosiery for Lymphoedema and Chronic Oedema

ActiLymph® MTM Ease
Available in European Class 1 (18-21mmHg), Class 2 (23-32mmHg) and Class 3 (34-46mmHg).
ActiLymph® MTM Ease is silky, effective, comfortable to wear and is ideal for most forms of chronic oedema and lymphoedema.

ActiLymph® MTM Dura
Available in European Class 2 (23-32mmHg) and Class 3 (34-46mmHg).
ActiLymph® MTM Dura is designed for more difficult to manage and resistant chronic oedema and lymphoedema.

5 working day service*

www.Lohmann-Rauscher.co.uk
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Flat knit hosiery for Lymphoedema and Chronic Oedema

**How to measure the leg:**
Ask the patient to stand, if possible.
Mark and measure the leg as follows:-

- cG 2cm below Gluteal Fold for circumference
- IG 2cm below Gluteal Fold to ground for length
- cF Mid Thigh for circumference
- IF Mid Thigh to ground for length
- cE Across middle of Kneecap for circumference
- IE Middle of Kneecap to ground for length
- cD 2cm below Popliteal Fossa for circumference
- ID 2cm below Popliteal Fossa to ground for length
- cC Widest part of Calf for circumference
- IC Widest part of Calf to ground for length
- cB Where Calf starts for circumference
- IB Where Calf starts to ground for length
- cS 2cm Above Malleolus for circumference
- IS 2cm Above Malleolus to ground for length
- cY Around Instep and Heel with foot dorsiflexed for circumference
- cA Around base of Toes for circumference
- IA Heel to base of Toes for length
- IZ Heel to end of Large Toe (Total length of foot)
- IA1 From the Heel to the base of Large Toe
- IA2 From the Heel to the base of Small Toe

**How to measure the panty:**
Ask patient to put their hands on their waistline:

- (cT) waist circumference
- (IT) waist to ground
- (cH) greatest circumference around hips
- (IH) length from hip to ground

**Measure the following lengths along contours of body:**
- (IGT) length from waist to 2cm below gluteal fold
- (IK1T) length in the centre at the front, from waist to crotch while applying gentle pressure and following contours
- (IK2T) length at the back from the waist over the buttocks to the gluteal fold while applying gentle pressure and following contours

*Delivery will be within 5 working days of receipt of a correctly completed order form; subject to circumstances beyond our control.*

**Please send the completed Order Form to Credenhill via:**
- Email: sales@credenhill.co.uk
- Fax: 0115 944 0437
- Post: Credenhill Limited, 10 Cossall Industrial Estate, Ilkeston, Derbyshire, DE7 5UG.
- Freephone: 0800 195 0650 or 0115 932 0144
ActiLymph® Made To Measure Order Form

1. Name of Pharmacy or Clinic: ____________________________
   Contact name: ______________________________________
   Account Number (if known): ____________________________
   Branch Number (if applicable): _________________________
   Address: ____________________________________________
   Postcode: __________________________________________
   Tel: _________________________________________________
   Practitioner name: ____________________________ Tel: ___
   Patient name: ________________________________
   Order Ref. or Prescription No.: ______________________

2. Left leg
   Length: ____________  Circumference: ____________
   Right leg
   Length: ____________  Circumference: ____________

   NB: All length measurements should be longitudinal and should not follow body contours. LENGTH MEASUREMENTS TAKEN FROM POINTS ON THE LEG SHOULD BE MEASURED VERTICALLY TO THE GROUND. All measurements to be in centimetres.

3. Panty
   Length: ____________
   NB: Measure all lengths along contours of body. All measurements to be in centimetres.

4. Ankle Pads
   LMA: __________________
   LMO: __________________
   NB: All length measurements should be longitudinal and should not follow foot contours. All measurements to be in centimetres.

5. Oblique Toe (Slanted Toe)
   LMA: __________________
   LMO: __________________
   NB: All length measurements should be longitudinal and should not follow foot contours. All measurements to be in centimetres.

6. Main Garment Details

<table>
<thead>
<tr>
<th>Quantity required</th>
<th>Garment required</th>
<th>Colour required</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>ActiLymph® MTM Ease</td>
<td>ActiLymph® MTM Dura</td>
</tr>
<tr>
<td></td>
<td>Class 1</td>
<td>Class 2</td>
</tr>
</tbody>
</table>

   Style
   - Below Knee (A-D)
   - Thigh Length (A-G)
   - Thigh Length with Waist Attachment (A-GT)
   - 2 Legged Panty Hose (A-T)

   Options
   - Closed Toe (measurements IA & IZ required)
   - Open Toe (IA only)
   - Closed Oblique (Slanted) Toe** (measurements cA, IA, IA & IZ required)
   - T Heel Ankle Seam
   - Open Oblique (Slanted) Toe** (measurements cA, IA, IA & IZ required)
   - Closed Oblique (Slanted) Toe** (measurements IA, IA & IZ required)
   - Ankle pads* (measurements LMO & LMA required - indicates requirements in section 4)
   - 3cm Silicone Top Band (only below knee)
   - 5cm Silicone Top Band
   - Slip Form
   - Full Compression Body Part (Class 2 only. measurements IK1T, IK2T & IG required)

   Product Code (see Drug Tariff Product Code Guide on reverse of form for clarification on code required):

   Additional Comments: ____________________________

NB Submission of this form confirms the patient's authorisation for the information to be retained for the production and supply of their garment. L&R or Credenhill cannot be held responsible for incorrect measurements. To avoid delay, please ensure all appropriate measurements are completed and checked.
# ActiLymph® Made To Measure

Drug Tariff Codes

Please tick where applicable to indicate **Main Garment** choice and each **Optional Extra** included.

Items listed below have Drug Tariff coding and associated prices. The Drug Tariff codes are required on prescriptions for ActiLymph® MTM.

### Main Garments

<table>
<thead>
<tr>
<th>Style</th>
<th>Class</th>
<th>Main Garment</th>
<th>Colours</th>
<th>Closed Toe</th>
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<td>AL-CT</td>
<td>AL-0BT</td>
<td>Indicate Medial or Lateral option overleaf</td>
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<td>ALO-SEAM</td>
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