

## RATIONALE FOR DEBRIDEMENT IN DFUs

### Non-wound debridement (callus)<sup>1</sup>

- Hyperkeratotic lesions (callus) that develop on the plantar aspect of the foot further increase pressure and may carry a high risk for ulceration and infection
- Regular, often repeated callus debridement is essential for managing callus with the aim of preventing or at least delaying ulcer development

### Wound debridement<sup>1</sup>

- Wound debridement is a fundamental component of wound bed preparation and is integral to managing DFUs
- Appropriate cleansing and debridement removes non-viable tissue and surrounding callus to promote healthy tissue growth and wound healing

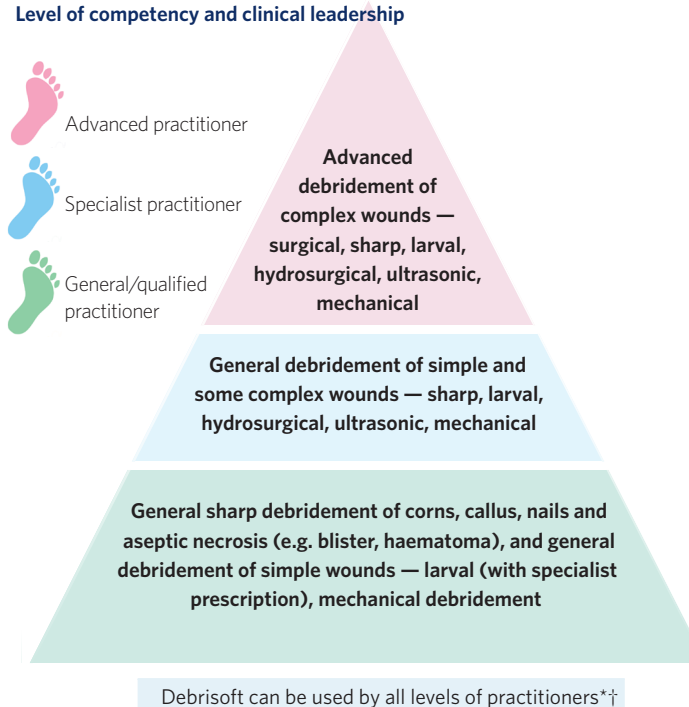
### Debrisoft for DFU

- Mechanical debridement is a rapid method; Debrisoft® takes 2 to 4 minutes, on average
- Ideal for use as an interim measure to support sharp debridement, or in combination with sharp debridement
- Debrisoft safely, gently removes debris, slough and hyperkeratosis
- Debrisoft can be used by clinicians across all competency levels, from general/qualified practitioner to advanced practitioner
- By actively and rapidly removing debris, Debrisoft leaves the wound and skin clear and ready for healing<sup>2</sup>
- According to recent NICE guidance, using Debrisoft could result in savings of £15 million per annum nationally/up to £484 per patient<sup>2</sup>

1. Principles of debridement: The diabetic foot. Developing a scope of practice for podiatrists in the UK. London: SB Communications Group, 2014. Available at: [www.wounds-uk.com/supplements/principles-of-debridement-the-diabetic-foot](http://www.wounds-uk.com/supplements/principles-of-debridement-the-diabetic-foot)

2. National Institute for Health and Care Excellence (NICE) (2014) The Debrisoft monofilament debridement pad for use in acute or chronic wounds. London: NICE. Available at: [guidance.nice.org.uk/mtg17](http://guidance.nice.org.uk/mtg17)

## WHERE DEBRISOFT® FITS IN DEBRIDEMENT COMPETENCIES



\*Decision-making on DFU management must be led by a specialist

†Debrisoft not appropriate for use on hard eschar/callus

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For complete list of evidence, references, case studies and multimedia resources supporting the information in this guide, and to see Debrisoft in action, visit: [www.activahealthcare.co.uk/debrisoft/](http://www.activahealthcare.co.uk/debrisoft/)

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# QUICK GUIDE

## THE ROLE OF DEBRISOFT® IN DIABETIC FOOT ULCERS



Wounds UK

The Diabetic Foot Journal

