

## measuring & fitting information

**Hip:** (tights only) Not available on FP10/GP10

**A:** 5cm below the groin

**B:** Widest part of the calf

**C:** Just above the malleolus (ankle bone)

**D:** From back of the heel to the longest toe

Activa® British Standard hosiery measuring guide					
a size indicator can be found by a coloured thread in the stocking					
Size	S	M	L	XL	XXL
Hip	Up to 107cm	107-112cm	112-122cm	122-132cm	N/A
A	40.5-53.0cm	43.0-55.0cm	48.0-60.5cm	53.0-66.0cm	N/A
B	30.5-37.5cm	33.0-40.0cm	35.5-43.0cm	38.0-46.0cm	40.0-49.0cm
C	19.5-25.5cm	21.5-27.5cm	22.5-29.5cm	23.0-32.0cm	23.5-34.0cm
D	20.5-24.0cm	23.0-26.0cm	25.5-29.5cm	26.5-32.5cm	26.5-32.5cm

