Activa recommend ActiGlide for use with their extensive compression hosiery and armsleeve ranges.

Activa®
British Standard compression hosiery

ActiLymph
European compression hosiery

ActiLymph
European compression armsleeves

This unique hosiery applicator from Activa enables compression hosiery to glide effortlessly up the leg and arm.

- Suitable for tights, socks, knee and thigh length compression hosiery and armsleeves
- For open and closed toe hosiery
- One size fits all
- Hygienic
- Can be used by hosiery wearer or when applied by a carer

Make your life easier with the unique actiGlide.
Fitting instructions for the ActiGlide® when applying stocking.

- Place the heel in position and spread the stocking evenly over your foot.
- Fold the ActiGlide® double and thread the flexible pin through the holes from the widest end.
- Pull the pin securely in the pocket at the end. The ActiGlide® is now ready for use.
- Slide the ActiGlide® over your toes, with the pin side under the sole of your foot, until the ActiGlide® stops at the instep. Do not try to pull too far.
- Pull on your stocking in the same way as you would a boot.
- Place the heel in position and spread the stocking evenly over your foot.
- Pull the pin at the back of the leg out of the ActiGlide®.
- Take hold of the black handle at the front of the ActiGlide®.
- Pull the ActiGlide® up the leg. Then ease the stocking over the ActiGlide® in stages.

Useful tip: Use rubber gloves for a better grip on the garment.

Maintenance: Wipe the ActiGlide® with a damp cloth.

Guarantee: 6 months on manufacturing errors.

Fitting instructions for the ActiGlide® when applying armsleeve.

- Fold the ActiGlide® double and thread the flexible pin through the holes.
- Place the ActiGlide® onto your arm. Place your thumb through the first hole (sleeve with handpiece only).
- Pull the armsleeve onto your arm and position the hand piece and pull the remaining sleeve up the arm.
- At this point the ActiGlide® pin can be slowly pulled out, taking care not to let it flick back towards the face.
- Pull the armsleeve fully up the arm, taking care to ensure the top of the arm sleeve fits correctly and comfortably.
- Place the ActiGlide® onto your arm. Place your thumb through the first hole (sleeve with handpiece only).
- Ease the armsleeve over the ActiGlide® in stages.